



MEDICAL AND WELLNESS CENTRE, CANAL WALK
2nd FLOOR, EAST TOWERS
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Pearly Penile Papules – PPP

Pearly penile papules or Hirsuties coronae glandis are tiny round lesions (1 – 3mm in size) that occur under the gland or head of the penis. They form in a string like formation hence the name “Pearly”. They are white to pinkish in colour and can occur in 1 or multi layers under the gland of the penis.

This skin condition has proven to be quite common in men. These bumps are not transmitted through sexual activity and are not a sexually transmitted infection (STI), this condition is completely harmless.

The most proven and effective form of treatment is via the Ultra Pulse CO2 laser. Administered by the Doctor the small laser beam very precisely and completely vaporizes away the tiny round lesions while leaving the rest of the normal skin structures 100% intact. This allows for a much quicker healing and recovery time. Treatment can be completed within 30 – 40 minutes.

Light scabbing is left over the area after the procedure which will then flake off over the next week or so. (This depends on the amount of lesions that need to be treated – the more lesions there are the longer the recovery time will be.)

Once this occurs there will be slightly more pinkish coloured skin beneath which will return to its natural colour after a few days.

There is minimal discomfort associated with the Ultra Pulse CO2 laser treatment. Emla(Anaesthetic cream), which can be purchased at any pharmacy, should be applied to the area 1 hour before the time to decrease sensitivity over the area and a light plastic layer (plastic wrap) should be applied on top of the cream/around the area to allow maximum absorption into the skin.

No down time is required; Vigorous sports or gyming and the use of saunas or steam rooms should not occur for at least a week or so during the recovery time; the area should be left as dry as possible to ensure quicker healing but can be cleaned daily in the shower.

This is a once off treatment; a course of treatments will not be required.

A check up of the area should occur +/- 2 months later to ensure that the area has healed effectively.

Quotes will depend on the assessment of the area during consultation with the doctor.